On the Road Again: Rolling to Reduce School Suspension

LAUREN NURIDDIN, BSOM MS3

Hannah Dail-Barnett MPH; Bolu Aluko, BSOM MS4; Jenelle Brison BSOM MS4; Melenis Lopez, BSOM MS4; Jill Jennings, MS, RDN, LDN; Kristina Simeonsson, MD, MSPH
Healthier Lives at School and Beyond

School-based telehealth program
- Duplin County
- Jones County
- Clinton City Schools (Sampson County)

Comprehensive and interdisciplinary
- Behavioral health
- Nutrition
- Acute medical care
Encounters Over Program Lifetime

3,934

Telehealth Service Line Usage

- Behavioral Health: 39%
- Acute Medical: 32%
- Nutrition: 21%
- Bus Physicals: 7%
- Oral Health: 1%
Barriers to Care

- Limited Transportation
- Absence of medical home
- Time off work
- Lack of Medical Insurance
- Poverty
- Medical Mistrust & Immigration Status
Evolving to Meet the CURRENT Needs of the Communities We Serve!
Our Goal

INDICATOR 3 of HEALTHY NC 2030: SHORT-TERM SUSPENSION RATE

By Providing Convenient Physical Assessments for Grade-School Children At-Risk of Facing Suspension from School

for any child entering school in NC for the first time, the Department of Public Instruction requires a physical health assessment by a medical provider within 30 days of starting school.

A MAJOR CONSEQUENCE OF MISSING THE DEADLINE IS OUT OF SCHOOL SUSPENSION
Why Do We Do It?

TO PROMOTE HEALTHIER LIVES
AT SCHOOL AND *BEYOND*

To decrease the risk of...

**Lower Academic Performance**

"These punishments inhibit academic achievement and open a gateway that can, in time, lead to subsequent involvement with the justice system."

**Failure to Graduate on Time**

"Exclusionary discipline is a strong predictive factor for negative outcomes in students academic achievement and high school completion."

**Challenge Attaining Employment with Living Wage**

"Each additional year of education leads to around 11% more in annual income and high-paying jobs are more likely to provide benefits such as health insurance and paid leave."

NCIOM.com
The flow: Stations

Station #1
Check in

Station #2
Vitals, Hearing and Vision Screening

Station #3
Physicals

Station #4
Specialty Consults

Station #5
Checkout
Making a Difference

The intentional use of STUDENT physicians is what makes this program successful!

Number of physical assessments completed in 1 day:
  • 47 visits in 1/2 day!

>330,000
miles of patient travel saved

302
school health assessments provided to students at-risk of expulsion

471,330
minutes of instructional time saved for students

93%
return-to-class rate for acute medical patients
1. Public school students: Reducing school suspension by completing required health assessments improves academic engagement and performance.


Lauren Nuriddin, MS3 with a patient after physical exam
Thank you!

Our program is funded by the generous contributions of Anonymous Trust, The H. Bate Foundation, ECU Health Foundation, and by the NCDHHS Office of Rural Health. We would also like to acknowledge the support of Duplin County Schools and the Duplin County Health Department.